

“Self-Confidence”

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Five methods of how to act and be self-confident. There are many reasons why people need to have self-confidence; however, making sure that you show your self-confidence when you go to that job interview, selling to customers, and so on is the key to your success. You will want to think about what you will need to truly understand the product, the needs of the customer or the job position to personally believe and never fake it. Even if you do

not feel like you are going to make the sell or feel like you are going to get the job, you still must walk in the room like you own it.

When it comes to thinking that you may have to fake self-confidence, think twice. There are many things that you can do to overcome this, so that you feel more like you really do have the confidents.

- The first thing that you will want to do is act with confidence by raising your head high and walking with a stride. You must make sure that you don't stick your nose too high, or you will end up looking like you are snobby, and no one will take your advice to buy or higher you. You need to walk the walk, but can you talk the talk?
- Confident people do not say fillers like "umm." You need to learn how to think on your feet. You will want to take into consideration that when you learn how to quickly think on your feet, the words will simply just pour out of your mouth. Be careful not to ramble on and on and really say nothing, the interviewer or the customer will discount you in a heartbeat. This is a great way to show others that you are confident, by remembering, less is more. You will want to make sure that you keep yourself in line when it comes to the speaking aspect, always on subject.
- Also, think about your non-verbal skills. Facial expressions will give you away almost 100% of the time, so stay engaged and attentive. You will soon find out that there are a lot of people who will judge you because of what you are wearing or not wearing.

You will want to make sure that you dress appropriately. You do not want to show off more of you than you need to. Keep in mind that there is appropriate attire for the nightlife and appropriate attire for the job. Make sure that you check yourself at the door before you go to that interview, greet a customer, or go to a meeting.

- Think about the cues that you are giving off. You will want to lean into the interviewer or the customer keeping your appropriate distance of course, if your excited about getting the job or making that sale. You may also want to sit back like there is nothing to worry about when you are making a sell or made your point. You will want to make sure that you try and consider all of your body language that you exhibit by practicing in-front of a mirror so that you can work on yourself image and that will help your self-confidence.
- Finally, improving your self-confidence by working hard to get the proper education that you will need for that job or simply to build your confidence in want you are trying to sell or for that position you are trying for will make you feel good about yourself that will lead to your self-confidence. When you get the proper education, you will feel confident through the power of knowledge. You will want to make sure that you try to deal with all your education needs so that you become the "know it all" (without showing it) at work and see all the advancements that you can get from being a well-educated person.

Allawos & Company has helped countless individuals and companies alike reach their goals and discover new potential.

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Sincerely,

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