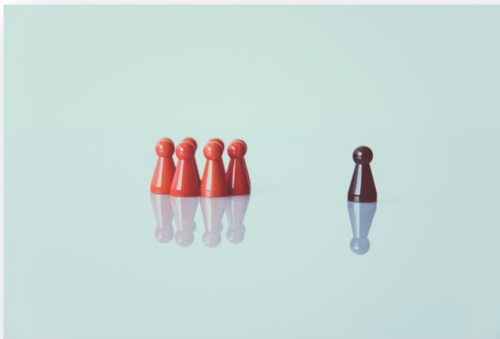


“Leadership Exercises”

Michael Allawos, Principal Consultant



The success of every corporate organization largely relies on its team-members performance from the janitor to higher designations of CEO and others. These managerial individuals perform various leadership exercises to improve the performance of their organization on a daily basis to stay on their game and to constantly grow their sphere of influence. By using these leadership exercises, they can easily regulate, manage and maintain the atmosphere of their corporate sector vibrancy, high spirits and always try to

maintain their employees morale and satisfaction.

By using the leadership exercises, the person can increase the productivity and quality of the company. He or she has several leadership qualities to manage the performance of any corporate organization.

One of the integral parts of these leadership exercises is the consistent teamwork. The ability to perform with groups increases the strength, productivity and quality of such organization. Such teamwork as a part of leadership exercises contains the skills of the leader to spot the positive points of his or her team members. Also, apart from his or her teammates, this also gives the importance to strengthen their organizing abilities. The leadership exercises also include the quality to unite the skillful individuals into one unit. Also, while uniting these skills and different human characteristics, the consent about the type of work, organization, and ideology of the organization is one of the integral parts. If the leadership exercises fail to satisfy their team members, the productivity will lessen and/or make several crises in the organization.

Creating an environment of mutual understanding is a vital leadership exercise for making the environment fresh and vibrant--as well as creative, which is the life blood of any organization. A true leader always gives emphasis to leading from the front with humble assurance. Leading a team with courage and confidence is the significant part of the leadership exercises. Such positive signs from the leader make the environment of the organization positive and optimistic. Also, such leadership exercises possess positive and critical thinking which makes his or her teammates hungry for success.

The encouragement, admiration and appreciation of the qualities and dynamics of the team members are one of the types of the leadership exercises. These techniques are essential to increase the confidence among the group.











While recruiting and appointing eligible candidates to be part of your team, keep in mind the various leadership exercises would be held by the corporate sectors or government sectors. Although both should have the same foundation and approach, inherent cultural differences may be present as well as legal obligations. The main aim of such leadership exercises is to familiarize the trainee candidates with factual leadership tasks, responsibilities and problems regarding the leadership task(s).

In professional courses such as MBA programs, various internships, technical courses, and civil services examinations; there is a hierarchy of conduct of leadership exercises for those that are selected and would be eligible candidates. The main objective behind leadership programs is to develop leadership qualities like teamwork, decision making in critical situations, developing the positive mindset, attacking attitude, asking the who what where and when, as well as knowing when to get out of the way, etc. so these are a few vital leadership exercises in a training program which makes a potential leader well prepared for the actual situation in society while facing crises.

The following is a brief list of leadership skills and attribute that one should consider and or try to attain:

-  Honesty and Integrity
-  Confidence
-  Inspire Others
-  Commitment and Passion
-  Good Communicator
-  Decision Making Capabilities
-  Accountability
-  Delegation and Empowerment
-  Creativity and Innovation
-  Real Empathy

Leadership exercises:

-  Group Sports activities
-  Cross-cultural experience
-  Social groups
-  Internships
-  Volunteering as a group
-  Student government and organizations
-  Passion projects
-  Group brainstorming (problem solving, strategic planning, etc.)
-  Group gift statement (this can be tricky; as a group prepare individual gift statements)
-  Any time you worked in a team

In such leadership exercises, the inclusion of leadership tips gives the individual an idea or experience about the adversity of the exact problem. Such leadership tips contain the objectives of the leaders which are a vital part of the leadership exercises. These tips are making a plan to achieve the target, building a competent team to achieve that target, and making the coordination between team members to achieve such targets.

Effective leadership is not about making speeches or being liked; leadership is defined by results not attributes.

Peter Drucker

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Sincerely,

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